

CISV Germany
Building global friendship

Regional Training Forum O-2019-006

Hamburg, Germany – October 2nd – 6th 2019



Important Information

Payment

If you have not paid your 200€ yet, here are your options:

- Electronic Bank transfer: CISV Hamburg, IBAN DE02 2005 0550 1232 1205 74, HASPDEXXX
- Paypal: finance.hh@cisv.de
- All other participants must bring the fee of 200€ to the RTF in Euros.

Food, allergies, ...

If you forgot to mention something about allergies or other things that we need to know before you arrive, send us an email:

rtf.hh@cisv.de

If we haven't received any special instructions before the 28th of September, we might not be able to meet your requests.



Arrival

Hamburg Central Station (Bus Terminal: Hamburg ZOB)

The meeting point for bus/train travel is at 4pm in the station hall of the central train station in front of McDonalds – this is upstairs on a balcony.

(Note: this is a change from InfoPack 1, as we feel everyone can guide you to McDonalds)

Hamburg Airport (HAM)

The meeting point for air travel is at 4pm in front of the Hamburg Welcome Center (Tourist Information), which is located in the arrival area (ground floor) between Terminal 1 and 2.

Update your arrival and departure time in your Application Form until 27.9.2019: [Click here](#)



Late Arrival – and only late arrival

From the train station take the red train S1 on platform 3 to Poppenbüttel/Airport. Please take the last three cars. Those are going to Poppenbüttel. The trip takes approx. 30min.

From the airport take the train S1. Any direction is fine, as you just stay for one stop. Leave the train in Ohlsdorf and take the S1 on the other side of the same platform to Poppenbüttel.

Get off at the last stop, Poppenbüttel, follow everyone upstairs, turn left and the walk down the stairs. You are now at Stormanplatz.

When you are in Ohlsdorf please call Giulia at +49 151 155 366 83 to arrange your pickup.

How to buy a ticket for the train?

Ticket machines are in red and you can switch language to English. You need a single ticket Hamburg AB for 3,30€, cash. Bank notes up to 10€ are accepted.

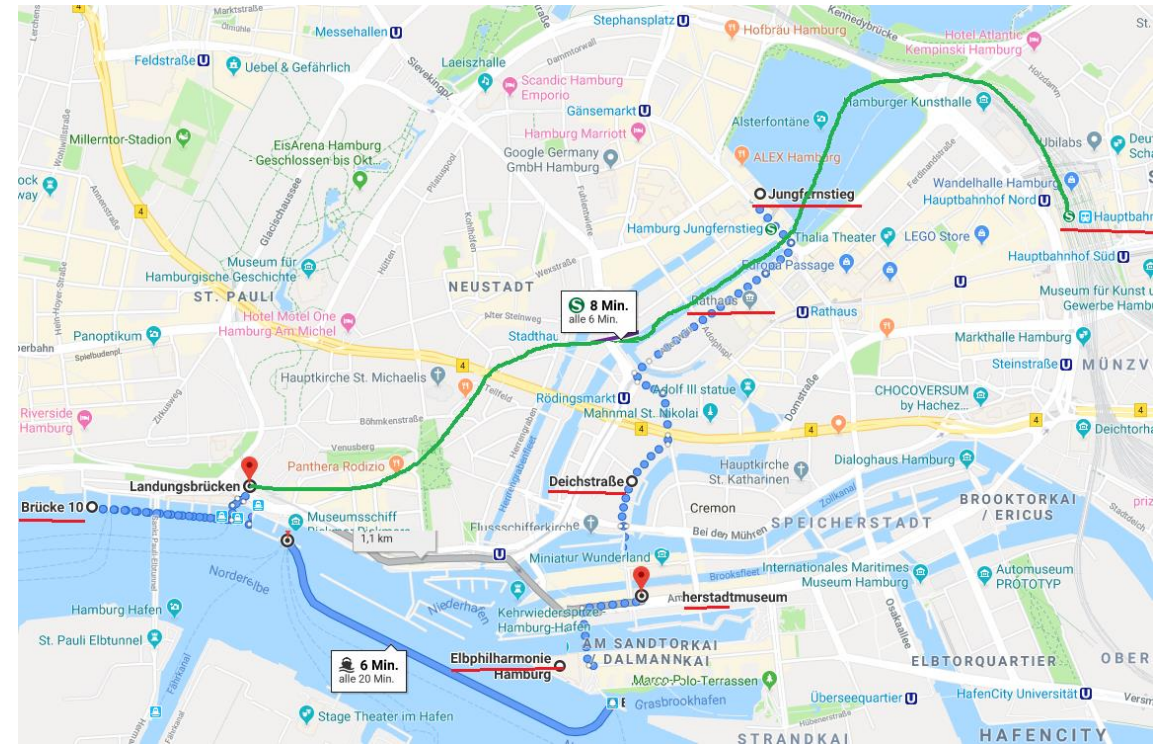


Early Arrival & Extended Stay

Early arrival tour

If you arrive in the morning, here is our suggestion for a 4 hour trip:

Take the train from the Airport to [Jungfernstieg](#), you need a one day public transportation ticket for 6,50€, walk along the [Alster Canal](#) to the [City Hall](#). Walk over to [Deichstrasse](#) and the [Speicherstadt](#) (UNESCO Site). Take a look at [Elbphilharmonie](#) and then take boat 62 to [Landungsbrücken](#). Go to [Brücke 10](#) and have a [Fischbrötchen](#). Take the train S1 back to the meeting point at the Central Station. Thus, you cover many [must-sees](#).



Departure & other travel arrangement

Departure

For departure, we suggest those who are going to the airport leave at 1 PM sharp and the ones who will go to the train/bus stations leave at 1:30 PM. It will take you one hour to reach these destinations so please plan accordingly and allow time for security checks at the airport.

Individual departure plans can be discussed with the homestaff at the RTF.

Driving directions to site

For any of you coming by car or bike, please direct your driver to:

[CISV Haus](#)

Sarenweg 12-14
22397 Hamburg



Forms and Insurance

Forms

Participants aged under 18 must bring a completed and signed [Travelling Without Adult Leader \(TWAL\)](#) form. There are no age requirements for the trainings but please be aware that the Youth Protection Act in Germany restricts partying after midnight, drinking of alcohol, and smoking for persons younger than 18 years of age. Those rules will apply at the RTF.

Insurance

RTF participants are responsible for their own insurance.

Participants who wish to use the CISV International Travel Insurance should contact the International Office (international@cisv.org) at least two weeks in advance of departure.



Trainings & What to bring

Trainings

- TTT – 24 participants (full)
- Mosaic – 8 participants
- Risk Management – 6 participants
- Cancelled: Village, StepUp – some of those participants might still join RM or Mosaic

Don't forget

- Towel – we will provide bed sheets
- Indoor shoes
- Toothbrush and other toiletries
- TWAL Form (if you are under 18)
- Appropriate wear for the space party – bring something creative
- Some money in cash for the camp shop



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Schedule

| | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------------|----------------------------|------------------------|--|--|---------------------------|
| 08.00 – 09.00 | | Breakfast | Breakfast | Breakfast | Breakfast |
| 09.00 – 10.30 | | Session 2 | Session 7 | Session 13 | Session 18 |
| 10.30 – 11.00 | | Break | Break | Break | Break |
| 11.00 – 12.30 | | Session 3 | Session 8 | Session 14 | Closing for each training |
| 12.30 – 14.00 | | Lunch | Lunch | Lunch | Departure |
| 14.00 – 15.30 | | Session 4 | Session 9 | Session 15 | |
| 15.30 – 15.45 | | Break | Break | Break | |
| 15.45 – 17.15 | | Common Session | Session 10 | Session 16 | |
| 17.15 – 17.30 | | Break | Break | Break | |
| – 19.00 | Arrival | Session 5 | Session 11 | Session 17 | |
| 19.00 – 20.30 | Dinner | Dinner | Dinner | Dinner | |
| 20.30 – 21.30 | Session 1 | Session 6 | Session 12 | Extra session | |
| 22.00 | Welcome from the homestaff | Social Activity - Quiz | Ask a Governing Board Trustee anything | Party - Meet us at the end of the Universe | |



Welcome



Social Activity - Quiz



Ask a Trustee anything

Frank

Karo

Towards the end of the RTF we invite you to a small party in the outer space.



We'd like to ask you to bring one special or creative thing to wear for the space party.



Remember this

Cancellation: If you are not able to come to the RTF, the full fee will be applied if you cancel after the 4th of September 2019

Questions: Send us an e-mail and we'll try to help: rtf.hh@cisv.de

Trouble during travel: Call us!

- Giulia: +49 1511 553 6683
- Franca: +49 170 470 6466
- Frank: +49 160 976 31765
- Peter: +49 1578 1700 128

Extended Stay

Hostels:

- [Generator Hostel](#) at central station
- [A&O Hostel](#) at Reeperbahn

Sightseeing:

- [Hamburg Tourism](#) for guided tours
- [Miniaturwunderland](#)

